

METH

Not On Our Land

“As Governor of the Cheyenne and Arapaho people, I am calling upon you to join me in the fight against methamphetamine use on tribal lands and in our communities. This crippling drug has affected so many of our people that we must no longer stand idly by and allow this travesty to go on.

Meth abuse is becoming more prevalent each day as it destroys the lives of our families and loved one. We must declare war on that which would destroy us.

This is a cause that we must stand against together and conquer as a Nation. Please join me in this campagin against this deadly drug and declare, ‘Not on our Land.’ Together we can save our children, families and our way of life.”

Knowing Our Enemy

Methamphetamine, also known as meth, is a synthetic stimulant with a high potential for abuse and addiciton. Meth is produced in small “cook houses” and appears as white, odorless powder that can be swallowed, snorted, injected or smoked. The more pure form of meth is hydrochloride, which is in crystallized form and manufactured in large laboratories. Other names for meth include speed, tweak, crank, crystal and ice.

Meth directly impacts not only the user and their immediate family, but entire communities. The health of the user, as well as anyone around a person who uses meth, is exposed to harmful toxins, which are absorbed into the ground and other surroundings. In addition to environmental hazards, meth use is also directly related to increased crime rates.

Initial use of meth may produce high energy,

greater stamina and a euphoric rush. Because meth enhances mood and energy level by increased dopamine production in the beginning stages of use, it can be extremely addictive. Meth is usually inexpensive and easily accessible. Other reasons that have been cited for beginning use of the drug include the ability to work longer hours, weight loss and increased sexual endurance.

The reality of meth is that it can quickly cause mood changes, depression, increased heart rate and anorexia in the short term. Over longer periods of abuse, meth can cause chronic fatigue, paranoia, tooth loss, malnutrition, skin disorders and ulcers. The release of dopamine also becomes limited with continued use by limiting regrowth of nerve endings.

Meth is commonly manufactured in illegal, hidden laboratories, mixing various forms of amphetamine (another stimulant drug) or derivatives with other chemicals to boost its potency. Common pills for cold remedies are often used as the basis for the production of the drug. The meth “cook” extracts ingredients from those pills and to increase its strength, combines the substance with chemicals such as battery acid, drain cleaner, lantern fuel and antifreeze.

These dangerous chemicals are potentially explosive and because the meth cooks are drug users themselves and disoriented, they are often severely burned and disfigured or killed when their prepa-



“As Governor of the Cheyenne and Arapaho people, I am calling upon you to join me in the fight against methamphetamine use on our tribal lands and in our communities. This is an enemy we can stand against together and conquer as a Nation. Please join our campagin against this deadly drug and declare ... “Not On Our Land.”

rations explode. Such accidents endanger others in nearby homes or buildings.

The illegal laboratories create a lot of toxic waste as well, the production of one pound of methamphetamine produces five pounds of waste. People exposed to this waste material can become poisoned and sick. (From Foundation For A Drug-Free World).



Methamphetamine can cause psychosis, a severe mental disorder in which people lose contact with reality and experience strong delusions, extreme paranoia, hallucinations and obsessive/compulsive behavior

Why do Meth Users Have Open Sores?

Open sores. Just the sound of it is revolting. But they are a common trait of methamphetamine users. A combination of poor hygiene, the toxins from the drug escaping through the pores, and restricted blood flow can result in severe break-outs.

Meth cuts off the healthy flow of blood to the skin, so open sores take longer to heal and become infected more easily.

Meth users often scratch and dig at their faces and arms. This is because methamphetamine causes hallucinations that make users believe there are bugs crawling under or on their skin. In their

deluded states they obsessively try to pick them out.

Burns

Users who smoke meth often have burns on their lips or around their mouths because of overheated pipes and hot smoke touching their skin.

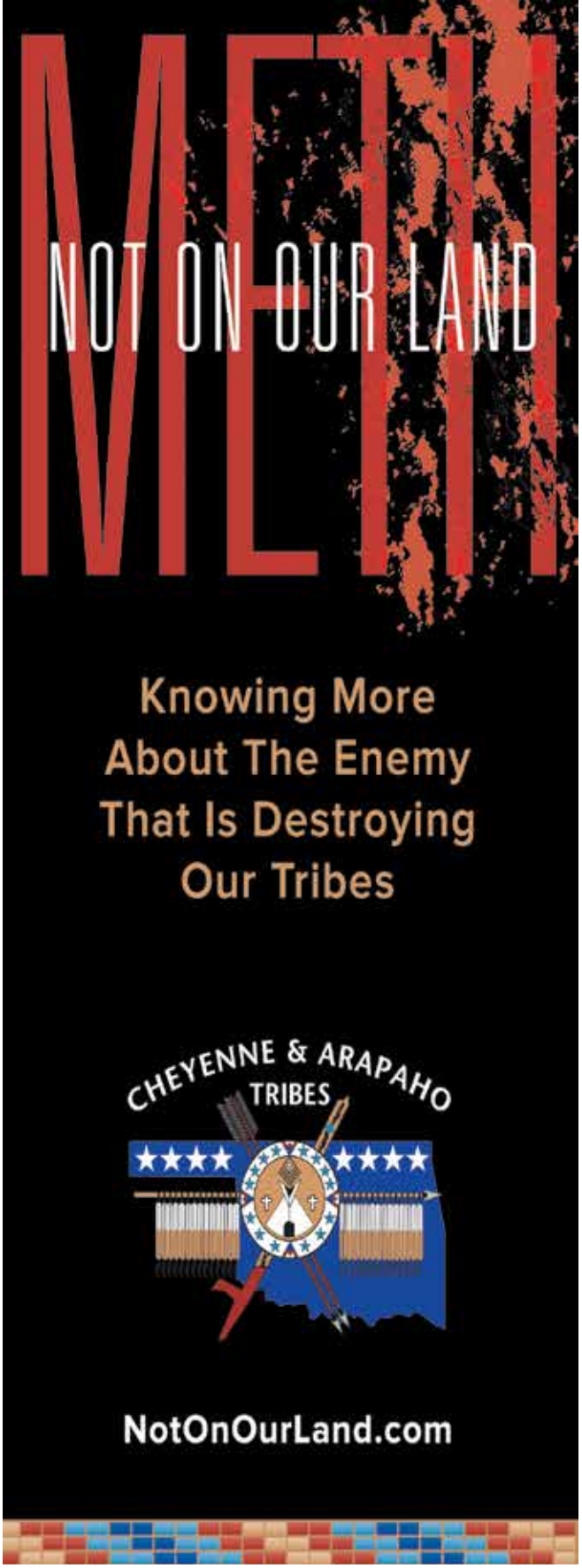
Chasing the High

The first high is nearly impossible to duplicate. As users try to escape the rebound low and recreate that initial feeling, they take more and more of the drug. Addicted users keep taking meth long after it stops giving them pleasure, despite the consequences.

The Meth Diet

Methamphetamine can lead to dramatic changes in physical appearance including extreme, unhealthy loss of body mass, muscle atrophy, fatigue, weakness and premature aging.

For more information visit www.methproject.org.



Cheyenne and Arapaho Tribal Tribune
P.O. Box 38
Concho, OK 73022

SUBSCRIBE NOW TO THE CHEYENNE AND ARAPAHO TRIBAL TRIBUNE - \$35/YEAR
“Tribal members receive free subscriptions”

PRSRST STD
US POSTAGE PAID
OKLA CITY, OK
PERMIT NO. 823



Have You Seen Any of the Warning Signs

In A Person:

- Extreme happiness (unexplainable euphoria).
- Loss of appetite.
- Extreme weight loss.
- Aggressive and violent behavior.
- Dry, itchy and acne-prone skin.
- Constant picking at skin and/or hair.
- Obsessive sexual thinking and behavior.
- Rapid-speech and incessant talking.
- Jittery movements and nervousness.
- Unexplained sweating.
- Extreme paranoria.

In A Place:

- Excessive amount of unusual substances (antifreeze, peroxide, acetone).
- Excessive amount of unusual items (batteries, matches, propane tanks).
- Plastic tubing.
- Lab equipment.
- Odor similar to that of urine.



Holding onto heritage

By Rebecka Lyman, Reporter/Ad Sales

How different would the world be if Indian children were not forbidden to speak their Native languages centuries ago?

Many believe very different.

For nine months, Fred Mosqueda, Cheyenne and Arapaho tribal member, has volunteered for one night a week teaching Southern Arapaho language to tribal members at the Geary Community Hall in Geary, Okla.

“Right now we are working on carrying on a conversation,” Mosqueda said. “In this class we speak the language, I tell stories, I speak of our history, I teach songs ... we go through traditional songs, church songs and then I go into some of our myths and legends we have as Arapahos. We cover quite a bit of topics in this class.”

Rory and Maize LittleRaven have regularly attended the Southern Arapaho class since it began in April 2014.

“We come to the class to teach our kids, if we learn, they learn,” Rory said. “I am grateful to be able to learn our Arapaho language, since I was not taught it as a child.”

Rory and his wife, Mazie believe their children benefit from learning the Arapaho language to value their roots and their culture.

“Our 18 month old son will sit down and say in Arapaho, ‘sit down’, then he will stand up and say in Arapaho, ‘stand up’,” Rory said.

He said that when he hears others speak Arapaho he can identify with some of the words.

“Makes me feel proud that I am able to understand what they may be saying,” Rory said. “I would really like to see an actual class for the older kids, even the little ones. I think it would be helpful if there were more classes geared towards our youth.”

Cheyenne and Arapaho Language Director, Rebecca Risenhoover believes the Cheyenne and Arapaho service areas and beyond must be reached by all means possible to teach the languages.

“Our classes vary with each community, some are hands on, some are more like a classroom setting,” Risenhoover said. “We have hand outs for those who like to write down the letters and then we have those who learn by listening to the way a word is sounded out.”

She said Concho was the mixed community where both languages are being taught.

“We have other communities that are strictly a Cheyenne community or Arapaho community and that is all we will teach,” Risenhoover said. “We also go into the head start classes with the younger children and we have to combine the teaching of both languages.”

Risenhoover said the language program also goes into EL Reno Public schools and works closely with the tribes’ television station, CATV.

“We also have a Website, Facebook page, we have videos on YouTube and a Twitter account. We are starting to work with TYP (Tribal Youth Program) to reach the youth in their programs and we are working on an idea for a kids’ TV show,” Risenhoover said. “Getting the language spoken in the home is very important to us.”

Choctaw Nation’s Language Director, James Parish, said their program has worked for years on getting the Choctaw language into 36 public schools through One-Net, an online course.

“We have two text books, Choctaw I and Choctaw II and 18 credit hours of the Choctaw language being taught at Southeastern Oklahoma State University in Durant,” Parish said. “Then we teach at night at about 40 sites across the Choctaw Nation.”

Parish believes it is a challenge for everybody in getting Native languages into the home.

“We know that our Choctaw language being emerged in the home is the best way, but it is really difficult to do,” Parish said. “When a talented teacher get students excited about Native American languages they increase the chance of these languages being spoken outside the classroom.”

Minnie Proctor, Muscogee Creek Nation language specialist said Native American culture couldn’t be driven out as long as traditional beliefs are held onto.

“In the 1900s European Americans thought they could drive out our culture from our young people, and make good whites out of them,” Proctor said. “They wanted to make good Christians out of us and it worked to a point. Many of our ancestors chose to follow the Christian beliefs, but many of us today still hold to our traditional beliefs to the best of our ability. We can never go back, all we can do is adapt our beliefs to fit today’s world.”



Photos by Rebecka Lyman

Fred Mosqueda visits with his brother, Roy before getting started on the lesson he prepared for the Arapaho class he teaches in Geary, Okla.



Rory and Mazie LittleRaven with their 18 month old son, David, are regular attendees at the Arapaho classes held in Geary, Okla.

The Cheyenne & Arapaho Language Department holds weekly classes in Geary, Concho, Canton and Clinton, Okla. Biweekly classes are held in Kingfisher and once a month classes are held in Hammon, Seiling and Watonga, Okla. For more information call (405) 422-7422.

Quiet place of solitude

By Rosemary Stephens, Editor-in-Chief



Sometimes trying to find a quiet spot to study, conduct research or fill out online college applications can be daunting. There is such a place available to all Cheyenne and Arapaho tribal members located within the Department of Education building in Concho, Okla.

Some might call it a mini library, some a media center, but one thing for sure, it is a place rich with Native American literature, Cheyenne history, Arapaho history and books written by and for the Cheyenne and Arapaho people. It is a place to study in quiet solitude, research term papers and utilize computers to do things like apply for jobs, fill out college scholarships and apply for the FASA.

It is a place Clara Baker would love to see filled with people reading, studying and researching.

“I would love nothing more than to see this room filled with people reading our books, or using our computers to learn or to apply for jobs online, students can apply for FASA online here and we also have a children’s area with children’s books. Students could come in here and take notes and read any research material we have on Native Americans or the Cheyenne and Arapaho people. Just recently we had a gentleman in here for several days just doing research and anyone is welcome to come in and do that,” Baker said. “We have some great titles and we have several books written by our own Dr. Henrietta Mann and we have a set of the Cheyenne and Arapaho book project

that Funston Whiteman, Michael Bell, Frank Mosqueda, Brent Learned and others were involved with.”

Baker, who is in her 70s and quickly approaching her retirement date in March, remembers how the library began and the one person’s vision of having a library specifically for the Cheyenne, Arapaho people.

“Joyce Twins worked in planning a long time ago and she had a vision of a tribal library and a language program from the Cheyenne and Arapaho people. She worked most of her time in planning and then she also taught the Cheyenne language in her spare time in Calumet. She ran across this grant, it wasn’t a competitive grant, all you had to do was fill out the paperwork and she did that, got the grant and began to purchase books. She bought books about the history of Native Americans, Cheyenne and Arapaho history. She bought anything that was about Native Americans, Cheyenne, Arapaho or written by Native and tribal members,” Baker said. “Then later, maybe somewhere around 2007 or 2008 the education department moved into the CATI Department, where I had been hired as an instructor back then and we all became a part of the Dept. of Education. At that time she was still working part of the time in planning and part of her time in education and she kept buying books and proceeding on. The grant was pretty small and it wasn’t enough to hire a librarian even part-time, so during the summer she would hire tribal youth to help her buy books, arrange and catalog books. We

had an administration change in 2010 and the library was put under another person, well that person left for another job and the library ended up being put under Kathleen Tallbear. She’s the one who bought all the furniture, bookshelves and all this that you see. Then there was another administration change and the library was taken out from under Kathleen and now it is its own entity under the Dept. of Education.”

Baker said when she found out she would be working in the library she went on the internet and taught herself about the Dewey Decimal System and the Library of Congress. She said she brought in software that when implemented brought in the Library of Congress number and that’s why the library is considered a Library of Congress library.

“After a while the software became dated and we never replaced it, so I logged all the books manually and I have them in a spreadsheet. I can tell you what books we have and where to find any of the books we do have. We don’t check out any of our books any more because books would get checked out and never get returned, so now people can come here and spend as much time as they need or want to read through books or research a paper they are writing or just have a quiet place to study if that’s what they need. It would be great to see some of the Indian Education students at El Reno schools coming in and using the library.”

Baker said the current Dept. of Education Executive Director, Funston Whiteman has a new vision of the library being more like a

research center or media center where tribal members can come. She said he has ordered new computers and a smart board and hopes it will attract tribal members to use the center as was envisioned.

“Anything to bring people in to use the resources in here would just warm my heart.”



Meet the tribes’ new casino GM

By Rosemary Stephens, Editor-in-Chief

He lives to work. Something Mannix Barnes, said he hopes he doesn’t someday live to regret.

With two bachelor degrees and one master’s degree under his belt, it would seem Barnes could work in any field he chose ... he has chosen to come on board with the Cheyenne & Arapaho tribes’ Lucky Star Casinos as the new general manager.

“I went to college and got my degree in forensic science, a BS, then a BA in communication and broadcasting, then went on to get my Master’s degree in Criminal Justice Administration. Was planning on being an attorney doing court TV type work ... at least that was my goal to begin with,” Barnes said laughing. “I guess politics ran in my blood too, because I got involved in the political arena with some friends who were involved with not only state politics, but tribal politics as well and we were involved in Bill Clinton’s re-election campaign. That was like, over 20 years ago and that’s when I first got acquainted with the Cheyenne & Arapaho tribes.”

He said Junior Starr was the chairman, and everyone was involved in trying to get Ft. Reno back.

“I eventually went to work for the tribes’ as a tribal liaison and then they appointed me CEO of the Development Corporation back then. I left for awhile and came back to work for the tribes as the Tax Commissioner, so my background dates way back with the Cheyenne & Arapaho tribes, starting around the mid-90s,” Barnes said.

He was so successful in the political arena, Barnes was hired as a press secretary in the House Pac and from there ended up being hired by a group called Lawyers for Working Oklahomans.

“They were a group of about 120 of the best worker’s comp attorneys in the state and their goal was to help protect injured worker’s rights in the workplace and I was also working with a group called Working Oklahomans Alliance. We lobbied at the capitol and were successful in changing several laws including having the awards that were paid to the injured workers tax free. So we fought pretty hard to protect those rights for people who were injured on the job,” Barnes stated.

Still heavily active in the political arena, Barnes would eventually be appointed to the Oklahoma Department of Labor as Chief of Staff in 2006.

“We were the only state agency to actually implement and maintain a zero balance budget. It’s something that is almost unheard of in state government and every year we were able to have a \$200,000 carry over where most agencies were laying people off or RIF people because they didn’t have the funds ... we never had to lay off a single person,” Barnes said. “That’s one of the things when I talked to the governor and lieutenant governor for this position, they wanted someone

with a financial management background and could go in and implement policies and streamline where we need to and try to maximize the profits for the tribe. I am very appreciative that they both see this as a business and we need to make sure we maximize the profits so we can help the C&A people as best we can.”

Barnes said his successes in business come from hard work, knowing one’s strengths and capitalizing on those strengths.

“I think my biggest strength here is being to come in and read the financials and evaluate what we are doing and be able to maximize the work force with the profits that are coming in. The Travel Center, that’s a kind of a new venture for the tribes and I think we are going to be able to work out all the details on that to make it a really profitable business for the tribes. It’s fairly new and like any new business it has struggles, but I think we can make it a profitable business. What I see is it has been kind of stagnant out here for awhile and I think its time to reinvest and look at being more competitive with the other casinos here in Oklahoma and the only way we will be able to do that is to try and invest our money into a resort or a hotel of some sort,” Barnes said as he held up his hands to say, “I know there has been a lot of talk about that for a lot of years, but its one of my visions and I know it’s one of the visions of this administration that we move in that direction. I firmly believe if we do, it will be more profitable for the C&A people and the more services we will be able to provide to the people. We are all here for one cause and that’s basically to bring in as much money as we can in order to help the C&A people and we can’t do that if we’re not running this as a business. That’s one of the directions we are moving in. We are not looking at this in a personal way, but in a business sense and that’s one thing that attracted me. We have to all be on the same page and actually taking the money and invest in that vision, so we are not dependent on outside entities to come in and try to build it for you and we are in debt to them. It needs to be a project that we start and we use our resources to build.”

Barnes was born and raised in the Wheatland area, graduating from Western Heights High School in 1987. He is an



Photo by Rosemary Stephens
Mannix Barnes loves challenges and the bigger the challenge, the better he likes it.

enrolled Kiowa member, Ottoe and Iowa, and said his Native American teachings will always be with him.

“I am single, never been married ... married to my work and I hope that I don’t regret that, but I am the kind of person who enoys working and I enjoy solving problems. The bigger the challenge, the better it is for me,” Barnes said.

Barnes enjoys horse racing, being raised around them when his father was a trainer. He said he doesn’t like to gamble very much, but, “I just enjoy watching what I consider one of the greatest athletes run and that’s a horse.”

Barnes currently serves on the Western Heights School Board, where his mother was once employed as the Indian Education aid before retiring. He also serves on the Oklahoma City Police Advisory Board and has been for several years and is a member of the Indian Hills Powwow Club.

“I look forward to working with everybody and my door is always opened to anybody. And to be honest I have never met a nicer group of people so far to work with. I like numbers and financial stuff and I have been asking for a lot of stuff my first week, so I hope everyone bears with me. I look forward to the challenge and building something great for the C&A people to be proud of.”

Facts about the Affordable Care Act

The Affordable Care Act (ACA), also known as the health care law, was created to expand affordable health care coverage to all Americans. The health care law requires individuals to:

- Maintain health insurance coverage meeting minimum essential coverage requirements by Jan. 1, 2014; or
- Qualify for an exemption from the shared responsibility payment; or
- Make a payment when filing their taxes if they have affordable options but remain uninsured.

For those who have access to Indian Health Services (IHS) health care benefits, they may continue to receive quality, culturally appropriate care from an IHS, tribal, or urban Indian health program (I/T/U). Being eligible for health care through an I/T/U facility does not meet the minimum essential

coverage requirement under the new health care law. For those who receive health care from IHS and do not have a form of health insurance coverage, they will need to either,

- Sign up for health insurance coverage, or
- Pay the shared responsibility payment, or
- Apply for an exemption.

For those who choose to apply for and obtain an exemption from the individual shared responsibility requirement, please be aware the certain American Indian/Alaska Native (AI/AN) protections available through the Health Insurance Marketplace only apply to members of federally recognized tribes.

For those who have health insurance coverage from their employer meeting the minimum essential coverage requirement, or have other health care coverage through either Medicare, Medicaid, CHIP, VA Medical

Benefits Package, or TRICARE, are covered and do not need to worry about paying the shared responsibility payment or enrolling for health coverage available through the Health Insurance Marketplace.

If an individual is offered and declines health insurance coverage meeting the minimum essential coverage requirement through their employer, they must pay the shared responsibility payment, or obtain an exemption if eligible. If an employer does not offer health insurance coverage, or if an individual has a job-based insurance and is interested in changing to Marketplace coverage, they may find coverage options through the Health Insurance Marketplace.

American Indians and Alaska Native consumers who are members of federally recognized tribes have access to a Tribal Membership Exemption from the shared re-

sponsibility requirement payment. A Tribal Membership Exemption applies to AI/AN who are members of federally recognized tribes and are unable to maintain minimum essential coverage for any time during the year. To receive an exemption, members of federally recognized tribes may apply through the Marketplace or apply through their tax return submitted to the Internal Revenue Service (IRS). For those who are unable to print the exemption application online, please feel free to obtain this material from the IHS Clinton Service Unit (CSU) registration clerks or benefits coordinators.

To learn more about health insurance options, or about applying for an exemption, please visit www.healthcare.gov or contact the CSU Benefits Coordinators Donna Hill at (580) 331-3398 or Teresa Murray at (580) 331-3364.

WINTER CLOTHING OUTFITTERS
FOR THE WHOLE FAMILY
Buy NOW-Use Layaway-SAVE \$\$

This is where
1,000s shop since 1945

Insulated & Warm
Canvas BIB
Coveralls & Jackets
Canvas for Sweat Lodges

Military Gear & Clothes
Men’s Working Clothes for Less!!
BOOTS-RAINWEAR-GLOVES & MORE

Casual & Work Wear FRC Clothes

Working Men-We Got
What You Want!!!

Boots!! Gloves!!
and MORE!!
From Nose to Toes

SAM’S BEST BUYS
2409 S. Agnew Ave. OKC
(405) 636-1486 - Mon-Sat. 9 a.m. - 5:45 p.m.

Camping Supplies.
Tents, Tarps, Knives,
Cast Iron & Enamel
Cookware, MRE’s
(military food)

VERY LOW PRICES

DEAN’S

Drive Thru

PAWN SHOP

NATIVE AMERICAN INDIAN GOODS

Dean’s Drive-Thru Pawn Shop
2617 S. Robinson-OKC, OK

www.deanspawn.com

405.239.2774

“OKC’s Oldest Pawn Shop”

Full Service Post Office

MAYO & BIGHORSE

Attorneys at Law

Providing Quality Legal Services to Oklahoma’s Native Communities

Areas of Practice

Personal Injury
Family Law
Criminal Defense
Will & Estates
Bankruptcy

Medical Malpractice
Adoptions
DUI
Probate
Insurance Settlements

FREE CONSULTATION

David N. Mayo
david@mayobighorselaw.com

Amber J. Bighorse
amber@mayobighorselaw.com

405-657-2226

www.mayobighorselaw.com

PER CAP PUBLIC NOTICES

If your name is listed below, please contact the Per Capita Office at (405) 262-0345 ext. 27725 or toll free at (800) 247-4612 ext. 27725 regarding your Per Capita checks.					
ALYSSA MICHELLE MEDICINE BEAR	CARLOS DELANO LEFTHAND	FLORENCE PAULINE WILLIAMS	JILES ALLEN HARDEN	MARTHA GAYLE TENORIO	RONALD GENE FULSOM
ANGELA CHEYENNE HICKS	CARMELITA TURTLE	FRANCES M. KOEN	JOANNIE SUE RIDDLE	MARTHA GRETCHEN SALAZAR	RUTH ANN SIOUX
ANNA JOYCE OXENDINE	CHARLENE MARIE MCKERNAN	FRANK LEE WAPP	JOHN MICHAEL CROCKETT	MARTY JOE LAWLESS	SAMUAL WOLF CHIEF
ANNOTTA ELAINE GRAY	CHARLES F YELLOW EYES	FRANKLIN DELANO LEFTHAND	JON HARJO II	MASON ALEXANDER REED	SAMUEL RAY EVERETT
ANTHONY SHOULDERBLADE	CHARLES WILLIAM MOORE	FREDERICH EUGENE CURTIS	JORDAN CODY WASHEE	MAYA ELIZABETH DECKER	SANDY HAWK
ANTHONY JUAN FLETCHER	CHELSEA LYNN NUCKOLLS	GABRIELLE KAY NUCKOLLS	JOSEPH NEIL MCDANIEL	MEGAN K. KAALOA	SAPHIRE NOEL HUGHES
ANTIONETTE RENEE HADLEY	CHEYENNE REY DELAIR	GARY DALE CHRISTY	JOSHUA ALAN DANIEL	MELANIE DAWN WEBB	SEANNA SUE LONGORIA
ASHLEY ELIZABETH SMOKER	CHRISTIAN CHEYENNE BLACK	GAYLA ELIZABETH PAVON	JOSIAH DAVID DECKER	MELVIN GENE ZWIRTZ	SERENE RENEE HOOF
ASHLEY LYNN WHITESHIELD	CHRISTIAN JAN STARR	GERALDINE M. CERASANI	KARIN LEE HAWK	MICHAEL J. BUNYARD	SHAWN FELICIA RISINGBEAR
ASLIN NICOLE RUSSELL	CHRISTIAN L. BANKS	GERRI GALE RAHIMI	KATHLEEN MCPHERSON	MICHAEL JEROD NORTH	SHAWN KRISTINA ROWLODGE
AUTUMN MICHELLE HARRINGTON	CHRISTOPHER ANTHONY BURNHAM	GIL LANE MOYNIHAN	KAVIKA K. KAALOA	MICHAEL JOHN GAWHEGA	Shay Ladawn Pickens
BABY GIRL ORANGE	CLARISSA RANEA PETERS	GREGG CODY RAY BULL	KAYLA MARIE STANDING WATER	MICHAEL RAY COX	SHELBY LYNN HAWK
BENJAMIN FRANKLIN BUFFALO JR.	COLBY WALKER AULD	GUY WHITE SHIRT	KENT DOUGLAS FLOWERS	MICHEAL SCOTT BURGETT	STEVEN WAYNE DUBOSE
BERTA ANN WILLIAMS	CORY DAVID BRIGGS	HAROLD ARTHUR GRASS	KEVIN FRANCIS WILLIAMS	MISTY DAWN GRAY	SUSAN NELLIE HAWK
BILL RUSSEL REED	DAKE BLACK	HEATHER ROSE CROW	KIMBERLY MICHELLE GRANT	MITCHELL RAY GONZALEZ JR	THAMAR ANNA WHITE
BOBBY RAY WOOD	DAKOTA PAUL FAST HORSE	HELIODORO PEREZ CHAVEZ JR	LA RUE ANN WELLS	MYRCINE B NORTH	THOMAS RABBIT
BRIAN JOSEPH CHRISTY	DANIEL JOHN BLACKOWL	HENRY L. LITTLE BIRD JR.	LAURA ANNE CAPERTON	NAHUM SHAWN ORANGE	THOMAS FRANCIS REAME MERTZIG
BROOKLYN FLYING OUT	DARLA LEA ANNE DOYEL	IRENE HILL	LAWRENCE HENRY KIPER	NATHAN SCOTT BILLINGS	TIMOTHY JAMES EVERETT
BYRON ALLEN LEFTHAND	DAVID ALAN BARNES	JACK DANIEL HARE	LELAND MICHAEL PRYOR	NELSON ROSS CURTIS	TISSOYO OSAGE DAVIS
CABRION R MILTON	DENNIS GENE DOUGLAS	JACOB MICHAEL RECKLING	LESLEY ANN MOORE	PAMELA JOYCE BALDERAS	TYSON LEE DAVIS
CARL WILLIAM MANDIGO	DENZEL SUGAR RAY CHISM	JACQUELINE CADDELL	LESLIE LYNN SHORTEETH	PAUL ELLIOTT FLORES	VICTOR SANTIAGO CAMACHO
	DYLAN ALEXANDER FAST HORSE	JAMES MONTY MILLER	LINDSEY NATHANIEL RAE COYOTE	PAUL MATTHEW FRIDAY	VICTORIA PATRICIA BEGAY
	ELANA JOYCE KEY	JASON JOHN KINSLOW	LOREN WESLEY VAN KIRK	PAUL RICHARD GILBERT	WALTSIE HELEN SIOUX
	EMMA ROSE RED HAT	JEFFREY ALAN HUNT	LOUIS KOEN	RALPH FLETCHER	WESLEY WILLIAM ZARSKY
	ERIC DANIEL MINNIS	JEFFREY JAY NEWSOME	LUCIA VERONICA FALCON	REGINA MARIE CURTIS	WILLIAM CODY MACK
	ERICA NICOL STANDING WATER	JEFFREY YELLOW EYES	MARCI DEE FAIRCHILD	RICHARD VAUGHN PEWO	WILLIAM JOSEPH WHITE SHIELD JR.
	EUGENE CHIPS	JENNIFER JACKSON	MARIA CHRISTINE RIPPETOE	RIVERS MCKENZIE	ZACHARY WADE DOYEL
	EVADONNA SIERRA ROBLES	JENNIFER ESTHER LEE TOLBERT		ROBERT LEE GODFREY	

Attention Tribal Members: If your name is listed below, The Per Capita Office has your **2014 August Gaming Per Cap Check**. We need you to complete a current Change of Address form and W9 at Department of Enrollment so that your 2014 August check can be sent to the appropriate address. If you fail to do this by Aug.15, 2015, you will not be able to claim the 2014 August Gaming check.

For any additional assistance, please contact Per Capita Office at (405) 262-0345 ext. 27725 or toll free (800) 247-4612 ext. 27725 or questions on Change of Address forms contact Department of Enrollment at (405) 262-0345 ext. 27600 or toll free (800) 247-4612 ext. 27600. Please turn in a Change of Address form and W9 by Aug. 15, 2015 to the Department of Enrollment.

AARON SAUTS MATA	FABIAN HUTCHINSON	JADA HELEN TABOR	LANNY JOHN MCLAUGHLIN JR	REBECCA LEANN LOPER
ALICE RENAE POLLOCK	FELIPE DE JESUS MENDOZA JR	JAMES WALTER SWALLOW	LEVI PATRICK BEARBOW	REBEKAH E. BEDOKA
ALVIN LA FARCE HAMILTON	FRANK WHITESHIELD	JASON EVERETT TODDJ	MARGUERITE SUE SPOTTEDCORN	RICHARD GOODBEAR IV
ARAINA ROZANNE CULBERTSON	FREDDIE NINO LONEMAN	JASON WILLIAM EASLEY	MARLITA ALEXUS SLEEPER	RUSTIN B REYNOLDS
ARNESS LAVELL DANIELS	FREDERICK EMAN PARTON JR.	JERI L. MEYERS	MARTHA ROSALES	SEAN TERRENCE MEAT
ARTHUR ROBERT G. ROWLODGE	GARFIELD MAGPIE	JEWELL BETH HUNT	MATTHEW STERLING KEONAO YOUNGBIRD	SELENA ROSAYLIE VENDIOLA
BARBARA JEAN LOVE	GARY D MEAT	JOSEPH DWIGHT LIME	MELISSA LYNN JOHNSON	SHENANDOAH JAMES WOOD
BRIAN RICHARD CHAVIS	GARY WARREN GRAY JR	JOSEPH THOMAS HOOF JR.	MELISSA RENE LIME	SHIRLEY MONIQUE ANDERSON
BRIANA CHRISTINE VARDELL	GARY WAYNE PARKER	JOSHUA ALAN DANIEL	MEWISSA JESSICA RIVAS BEALE	SKY LYNN JONES
CAPACINE DOREEN WATAN- CLEEK	GAYLA CHRISTINE STRAIGHT	JUANITA ANNA ROMANO	MICHAEL PETE MELENDEZ	TAYLOR FRANCIS BROWN
CHAD MALCOLM HUSBY	GENEVEA LYNN ROSALES	JUSTIN ROY DUNN	MILDRED CEDARTREE	THOMAS J. MITCHELL JR.
DALLIAN ALYSSA THUNDERBULL	GEORGE HARRINGTON	JUSTIN STEWART BURGETT	MILTON LEVI MORTON JR.	TIERRA RASHEEN HICKS
DARIN ROSS PAWPA	GRAHAM EDWARD DENTON	K CHEYENNE WELBOURNE	MIRANDA DEANN VARDELL	TIMOTHY NELSON WOLFCHIEF
DELBERT H NOWLIN	HEATHER JANELLE ADDISON	KYLE LOGAN CEARCY	MITCHELL RAY GONZALES JR.	VANESSA RAE LANDA
DEREK RAMSEY PICKENS	HOLLY ANN LONG WARRIOR	HAVERSTROM	QUINN LYNN YELLOW EYES	VERMON TYRONE MOORE
EDWARY ANTHONY JUNKER	INGELA V.S. LUEDEMANN	LAKYNN JADE JEPPESEN		WALTER RICHARD WEST JR.
ERIC MICHAEL NEWSOME	JACQUELINE A. WELSH	LANDON L. QUICK		WILLIAM WILFRED YORK

Attention Tribal Members: If your name is listed below, the Per Capita Office has your 2014 December Minerals Per Cap Check. We need you to complete a Change of Address form and W9 at Department of Enrollment so that your 2014 December check can be sent to the appropriate address. You have one year to claim the 2014 Minerals Per Capita check.

If your minor child has not received their 2014 December Minerals Per Capita check or for any additional assistance, please contact the Per Capita Office at (405) 262-0345 ext. 27725 or (800) 247-4612 ext. 27725 or questions on the Change of Address forms, please contact Department of Enrollment at (405) 262-0345 ext. 27600 or (800) 247-4612 ext. 27600. Please turn in a Change of Address form and W9 as soon as possible to the Department of Enrollment.

Alvin LaFarce Hamilton	Cheryl Anne Gould	Erin Ashley Magpie	Jennifer Lee Nicholson	Michael A Wheeler	Schyler Ray Roman
Amy Lee Parker	Christina Basurto	Ethan Smoker	John Robert Decker	Michael Gabriel Howlingcrane	Shenandoah James Wood
Angela Basurto	Christy Young	Fabian Hutchinson	Jonathan Dana Addison	Michael Greenwood	Sidney Clarence Roman Nose
Arlen Rhoads	Courtney Suzanne Jonas	Francine Larance	Joshua James Martin	Michael Gulley	Stephanie Blackfox
Ataloa Pratt	Dakota Cheyenne Bearshield	Frank Whiteshield	Josiah David Decker	Michael Richard Spencer	Summer Ann Dyer
Barbara J Love	Dakota Dodge	Garfield Magpie	Josiah Morrow Wayne Youngbull	Michael Werk	Thomas Leroy YellowEyes
Barbara Santiestaban	Delbert Harold Nowlin	Gary W Gray Jr	Julia Doris Hare	Miranda Deann Vardell	Timothy Wolfchief
Betty Rexroat	Delena Nibbs	Gaylen Sue Harvey	Justin Roy Dunn	Nichole White Eagle	Trenton Hoof
Billy Limpy	Delilah M Norwood	Gladys King	K Cheyenne Welbourne	Patrick M Bee	Tristan Wallace
Billy Warden	Dennis James Bushyhead	Gregory Robinson	Kathryn Cometsevah	Paul R Johnson	Vanessa Landa
Bonita R Buffalohead	Derek J Rice	Hailman White Tail Jr	Kyle Derin Barrow	Perry Blackwolf	Vernon T Moore
Brandy Barrow	Derrick Redbird	Harry D Kihega	Leighanna G Perrin	Quinn Yelloweyes	Veronica Joyce
Brodie C Woolworth	Desiree J Michalosky	Hope Bison	Leo Haag	Rebecca Leann Loper	Whitehorse-Bowen
Cabrion Milton	Diana Rosales	Jacqueline A Welsh	Lisa Marie Rsheidat-Willis	Rhonda C Echohawk	Victor R Quick
Carin Mitchell	Donald Bull	Jada H Tabor	Lowell Nelson Bunch	Ricky J Loneman	Virgina Harrington
Carrie Fisher	Dorothy C Inoa	Jaren M Stennerson	Manuel M Orange	Robert Eugene Balenti	Virginia P Poiselle
Carrie Lynn Tennison	Edith Turner	Jason E Todd	Mariam Jean Barrow	Samuel G Fletcher	Walter R West Jr
Carrol Ann Harris	Edward Birdshead	Jason McKeaigg Jr	Martha Rosales	Sandra Rosales	Wayne Turtle Jr
Chebon S Bass	Eric Alan Bird	Jean A Dunn	Mary Evelyn Boyles	Saphire Hughes	Woxie A Williams
	Erica Lee Lopez	Jeffrey Jay Newsome	Matthew Sterling Keonoa Youngbird	Sasha Flores	Woxie J Williams

BRIEFS AT A GLANCE

The 2015 UNITY Mid-year Conference Feb. 11-15, 2015 at the Hyatt Regency in Arlington, VA. For more information or to register visit www.unity-inc.org .	Procedures for Tribes and Tribal Businesses Feb. 18-19, 2015 in Albuquerque, N.M. For more information or to register visit www.falmouthinstitute.com .	Center in Phoenix, Ariz. For more information or to register visit www.nativenationevents.org .	Security Force and Tribal Law Enforcement Liability March 18-19, 2015 in Las Vegas, Nev. For more information or to register visit www.falmouthinstitute.com .	can Leadership Forum April 9-10, 2015 at the Skirvin Hotel in Oklahoma City. For more information visit www.nativenationevents.org .	ference May 18-19, 2015 at the Harrah’s Resort in Valley Center, Calif. For more information visit www.nativenationevents.org .
The eighth annual Tribal Casino & Hotel Development Conference Feb. 16-17, 2015 at the Westin in Las Vegas, Nev. For more information or to register visit www.nativenationevents.org .	Indian Housing Law Feb. 25-27, 2015 in Albuquerque, N.M. For more information or to register visit www.falmouthinstitute.com .	National RES (Reservation Economic Summit) March 9-12, 2015 in Las Vegas, Nev. For more information visit www.ncai.org .	Managing Financial Aspects of Construction Projects for Tribal Organizations March 26-27, 2015 in Las Vegas, Nev. For more information visit www.falmouthinstitute.com .	33rd Annual Protecting Our Children National American Indian Conference on Child Abuse and Neglect April 19-22, 2015 in Portland, Ore. For more information visit www.nicwa.org .	The Ninth annual Native American Economic Development, Diversification & Energy Projects Conference June 15-16, 2015 at the Disney’s Grand Floridian Resort & Spa in Lake Buena Vista, Fla. For more information visit www.nativenationevents.org .
Strategic Purchasing			Midwest Native Ameri-	The Sixth annual Native American Healthcare Con-	

Childcare manager earns first employee of the year

By Rebecka Lyman, Reporter/Ad Sales

And the winner of the Cheyenne & Arapaho tribes' 2014 Employee of the Year award is ... Jennifer Riggles.

Ten years ago, Riggles was hired at the Concho Child Development Center (CCDC) as a teacher. Today she is the center's manager.

"I have always known that I wanted to work with children since I was younger," Riggles said. "I use to go to a childcare when I was a little girl and I always helped the teachers with the younger children."

Throughout her high school years Riggles also tutored her peers.

"After high school I went to college and started my education in child development. I enjoy watching the kids learn on a daily basis," Riggles said. "I feel that in this field that it is very rewarding seeing children grow and use what you have taught them from

tying their own shoes to potty training."

Riggles said the most challenging duties were when Vanessa Hart, director of the Concho center took an extended maternity leave.

"My greatest challenge was learning the basics of managing the Tribal Subsidy Program which is separate from the child care centers," Riggles said. "By not only managing the Concho center I was responsible for all aspects of both programs."

Cecil Gray, Cheyenne & Arapaho tribes Department of Administration executive director explained how the administration chose the candidates for their first employee of the year award.

"Each executive director nominated an employee of the year from their respective departments. They selected their nomination from

the employees who have won employee of the month during the year 2014," Gray said. "Once all the nominations were received, all executive leadership including executive directors, chief administrative officer, lieutenant governor, and governor voted on who the Employee of the Year would be."

Cheyenne & Arapaho tribes' Gov. Eddie Hamilton said the purpose and advantages of the employee of the year award is to improve the work quality, interpersonal work relations, punctuality and to increase productivity by boosting employee morale.

"Everyone has their own role in the function of the tribal government, and when an employee goes above and beyond it is noticed by this administration," Gray said. "Congratulations to Jennifer Riggles. She has excelled in her field of



Photo by Rebecka Lyman

Cheyenne & Arapaho tribes' Child Development manager, Jennifer Riggles was announced as the first winner of the Employee of the Year award in January 2015.

expertise, and has gone above and beyond in her responsibilities at the child care center."

Riggles received two tickets to the Thunder basketball game for Feb. 6, a night at the Skirvin Hotel in Oklahoma City, and a gift certificate to the classic steakhouse, Mickey Mantles, in the heart of Oklahoma City's

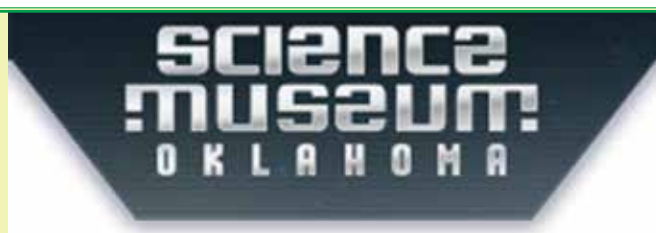
historic Bricktown.

Riggles would like to thank the administration, the parents, the children she cares for and Hart for always pushing her to be a better worker and giving her the encouragement to continue her education.

The other six finalists that were nominated for the 2014 Employee

of the Year award were; Fred Allrunner, Department of Housing, Marlene Reyes, Department of Enrollment, Lavada Gould, Department of Health, Easton Yellowfish, Department of Treasury, Leah Davis, Department of Social Services and Rebecka Lyman, Department of Administration.

TRIBAL TIDBITS



On Jan. 15, 2015 the Cheyenne and Arapaho Concho Head Start went on a field trip to the Oklahoma City Science Museum. The children and parents explored the many exhibits, there were interactive activities, and other fun attractions that the children, teachers and parents enjoyed.

"Everyone had a wonderful time and we are all looking forward to our next field trip," Rachel Snyder, Concho Head Start, family services coordinator said.



Ground blessing



Larry RomanNose blesses the ground prior to the installation of new water lines through the Concho grounds.

El Reno Eagles



Top row l-r: Jake Pollock, Gabe Walker, Kobe Whiteman, Xavier Reed, Vincent Walker water boy and Anakin Curley. Bottom row l-r: Dyson Plumley, Michael Bruner, Jonah Pollock, Blaine Fasthorse, and Jeffery Spottedbird. Not pictured Ethan Brooks.

Congratulations to the El Reno Eagles basketball team for placing at Sooner State games held Jan. 17-18, 2015. The boys made the top six teams placing third in the silver division. Our team consisted of sixth, seventh and eighth graders, and they played against teams with players in the ninth grade. They played in the 14 and under division due to not enough teams signing up and still came out with a medal. A big thank you to coach Kim Davis for your dedication to the team. Haho.

Star Employee Star Treatment



Lucky Star Casino Canton December Star Employee, Charlotte Billings

As part of the secret shopper surveys, based on comments from one of our secret shoppers, Charlotte Billings was named Star Employee for the month of December.

The secret shopper said, "Charlotte greeted me when I entered the casino, she was really friendly and welcoming. Charlotte was very nice, helpful and came by twice to check on me and see how I was doing. She acted like she really cared and that's pretty important to know that the Lucky Star want you to enjoy your experience at Lucky Star Casinos."

"This type of attitude can help create greater trust and familiarity and could result in greater loyalty to Lucky Star. Charlotte created a favorable impression very effectively and made the customer feel good about his experience."

"Charlotte Billings is a star employee for all Lucky Star Casino's displaying excellent customer service and stands out. She has been with Feather Warrior / Lucky Star Casino-Canton since October 2009 and we enjoy her sense of humor and pleasantness," Hannah LittleCoyote, assistant general manager said.

Home Loans for Native Americans

Qualify For Your **HUD 184** Home Loan or Refinance

918-582-7283

homeloanfornativeamericans.com

Available in OK, KS, CO, CA, FL, WA, NM



- ✓ Purchase or Build a New Home.
- ✓ No Credit Score Requirements.
- ✓ 2.25% Down for the Purchase Price.
- ✓ No income or location requirements.

Kerri L. Felmlee, MS, RDN, LD
C&A Diabetes Wellness Program

All clients will need to bring the following documents:

- CDIB,
- Driver's license or State issued ID,
- Proof of Residency,
- Proof of Diabetes,
- Prescription for eyeglasses or Nike N-7 wellness shoes.

For more information contact the Diabetes Wellness Center at (405) 422-7723.

Happy Birthday



Happy Belated 3rd Birthday
Kaiden Rivers Pratt
Jan. 15

Happy 7th Birthday to my son, Konner Reese Pratt
Feb. 24

I love you both and wish I could be there with you on your special day.

Love mom and dad, Bonnie and Kenneth Pratt

Happy Valentines Day too!

I love and miss you so, so very much!

Love You

Happy Birthday
'Ole Lady'
Feb. 2

Carolyn Littlecreek
We love you mom and grandma

Love, CeCe, James, Key-anna, Amylah and Gunner



Happy 1st Birthday
Kristopher Lee Orange

You are such a blessing to our lives,

Love all of your family!



Happy Birthday Mato
Ohitika, love momma and Sinte

Happy Birthday to my husband of 13 years
Kenneth Ray Pratt
Jan. 30 and Happy Valentines Day!

I love you with all my heart and you make my world complete inside and out.

Love your wife,
Bonnie Sue Smoker-Pratt



Happy Belated 4th Birthday
Little G. Pedro
Jan. 23

We can't believe you are already 4 years old son.

We love you more and more everyday. You will always be our baby boy. You are growing up to be a handsome man and we couldn't ask for anything more. We love you to infinity and beyond!

Biixoo3e3en!

Love always, daddy G, momma Leah, sisters Carlina and Cayli and your little brother King

Happy Birthday to Rachel D. Littlebird Feb. 14 and Happy Valentines Day

Hope you see your cupid!

Love you and miss you, Bonnie, Kenneth and all the kids

Happy Valentines Day to Kimberly Lime and Neko Love Kenneth and Bonnie Pratt

Happy Valentines Day to Ethan, Arianna, Ariel and Aiden Green

Love your aunt and uncle, Bonnie and Kenneth Pratt

Happy Valentines Day Tirador Pratt

Ryan Pratt and family

Joey Blackwolf and Corey Blackwolf

My dad, Sherman Smoker and Darryll Reed

Thank You

I would like to thank family and friends for attending my mother Irene Hamilton's funeral. Your support and generosity at this very difficult time has helped me get through this.

Special thank you to Pastor Ron Starr, elder Olu-sola John and Chris Keen

Happy Valentines Day to my aunts, Myra Medicine Bird Francine Wilson and Edwina Whiteman, uncles; Frank "Butch" Medicine Bird and Kevin Medicine Bird.

My brothers, Stephen Little Thunder, Johnny Reyes and sister Tiffany Little Thunder.

for their prayers and remembrance of my mother. To the Old Crow family and the Goodblanket family for being at my side. To Moses Starr who sent mom on her journey and all my family who followed me to the cemetery on such a cold, blustery day.

Thank you from the bottom of my heart, Shirley and Ray Williams



TRUE LOVE BE MINE

Happy Valentines Day to me and my sisters girls, Christy Green, LaShayla Lynn Smoker and Keely Jo Smoker

Love your mom, Bonnie Smoker

200 Wolf Robe Circle
PO Box 38
Concho, OK 73022

Funston Whiteman
Executive Director

Language STEP
Tribes to School
Tribal Youth Program
RES p.E.C.T

February 2015

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 4:00pm-6:00pm Canton Class (Canton Gym)	3 5:30pm-7:30pm Clinton Class (Sister Nutrition Center) 6:00pm-8:00pm Gary Class (Community Hall) Canton Forest Storing	4 4:00pm-6:00pm Seiling class (Community Class)	5 5:30pm-7:30pm Carcho Class (NAC Bldg)	6	7 TIP Incentive Talk @ Leno's Grill
8	9 4:00pm-6:00pm Canton Class (Canton Gym) 5:30pm-7:30pm Kingfisher Class (Sister's Covenant Church)	10 5:30pm-7:30pm Clinton Class (Sister Nutrition Center) 6:00pm-8:00pm Gary Class (Community Hall)	11 Oklahoma Indian Challenge Band @ Fairview 4:00pm-6:00pm Harmon Class (Community Hall) 5:30pm-7:30pm Wewaka (Shiloh's Place Bldg) Concho Forest Storing	12 COUNCILORS IS CLONES FOR STAFF DEVELOPMENT SEMINAR 5:30pm-7:30pm Carcho Class (NAC Bldg) Parent/Teacher Conference Review go on!	13	14 CNA Family Appreciation at B Rose TYP
15	16	17 5:30pm-7:30pm Clinton Class (Sister Nutrition Center) 6:00pm-8:00pm Gary Class (Community Hall)	18	19 5:30pm-7:30pm Carcho Class (NAC Bldg)	20	21 Mixes and Tutoring Training Center Children Screen
22	23 4:00pm-6:00pm Canton Class (Canton Gym) 5:30pm-7:30pm Kingfisher Class (Sister's Covenant Church)	24 5:30pm-7:30pm Clinton Class (Sister Nutrition Center) 6:00pm-8:00pm Gary Class (Community Hall) Canton Forest Storing	25 Concho Forest Storing	26 5:30pm-7:30pm Carcho Class (NAC Bldg) Canton Forest Storing	27	28 Parent/Teacher Conference STEF Link in (Shiloh)

In Memory of
Shannon Blackwolf
Dec. 26, 1968 -
Jan. 23, 2007

Dear Shannon, you left us on a cold winter day, never to see you again, with no goodbye. Your presence is missed son, but I know your spirit is still here, not just with me, with all of us. I want you know, that you left us with two beautiful children, Rumel and Keira, they have good hearts and care about others. I wish you were here, to watch them grow. Your babies are both so free spirited and gifted like there daddy. Both with precious smiles like yours that I see every time they smile.

Son we miss you and you will be remembered until we see each other again in the heavens.

"For we know that if our earthly house, this tent, is destroyed, we have a building from God, a house not made with hands, eternal in the heavens." 2Cor.5:1

Love you, mom Vida and family

OFFICE HOURS: 8 AM to 3 PM
STORE HOURS: 9 AM to 3 PM
OFFICE PHONE: 905-422-7873
FAX: 905-422-8261

USDA is an equal opportunity provider and employer.

NUTRITION EDUCATION DEMO

CREAMY APPLE OATMEAL

SERIES 3

- 1/2 cup quick cooking oatmeal, uncooked
- 1 1/2 cups milk
- 2 tablespoons raisins
- 1/2 apple, chopped
- 1/2 teaspoon cinnamon
- 1 tablespoon of sugar

1. In microwave safe bowl combine oatmeal, milk, raisins.
2. chop apple, cinnamon and sugar.
3. Cook in microwave on high for 2 minutes. Stir and rotate. Cook for 2 more minutes on high.
4. Remove from microwave, let stand 1 minute and serve.

Quick Chili

Serving Size 3/4 cup
Yield: 4 servings
Time: 20 minutes

- 1 1/2 pound ground beef
- 1/4 cup chopped onion
- 1 can (15.5 ounce) kidney beans, drained OR 1-1/2 cups cooked dry kidney beans, not beans or other beans of your choice
- 1 can (14.5 ounce) diced tomatoes, no salt added--do not drain
- 1-1/2 tablespoons chili powder
- Cook ground beef and onion in skillet until ground beef is browned (240 degrees F). Be sure all pink color is gone from meat and juices. Do not undercook ground beef. Carefully wash your hands and any surfaces that have come in contact with raw meat.

1. Drain off fat into container.
2. Stir in kidney beans, diced tomatoes, and chili powder.
3. Bring to a boil. Reduce heat, cover, and simmer for 10 minutes. Add a little water, if needed, to thin the broth.
4. Refrigerate or freeze leftovers within 2 hours of cooking. Use refrigerated leftovers within 4 days.

Source: This recipe is a slightly adapted version of an adaptation of a recipe from Simply Good Eating Recipe Cards. Vol. 1, 2003. University of Minnesota Extension Service, available at SNAP-Ed Nutrition Program Recipe Index.

CHEYENNE + ARAPAHO FOOD DISTRIBUTION PROGRAM
FEBRUARY 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4 Nutrition Ed. Demo Red Stew	5	6	7
8	9 Nutrition Ed. Demo Oatmeal Day	10 Clinton I Taligate	11 Seiling Taligate	12 Hammon Taligate	13	14
15	16 CLOSED FOR HOLIDAY	17 Clinton II Taligate	18	19 Elk City Taligate Nut. Ed. @ Taligate Chili Day	20	21
22	23	24	25	26 CLOSED FOR INVENTORY	27 CLOSED FOR INVENTORY	28

Obituaries

In Loving Memory of
Ada M. (White Eagle)
Littleman
Jan. 13, 1940
Jan. 15, 2015

In Loving Memory
Lelia Doris Hamilton
Young-Bird Walker
June 21, 1947
Jan. 11, 2015

A traditional Indian wake service was held on Jan.18, 2015 at the Canton Native American Gymnasium in Canton, Okla. for Ada M. (White Eagle) Littleman, 75, of Fonda, Okla.

Funeral services were held on Jan. 19, 2015 at the same venue with Rev. George Akeen, Jr. and Rev. John White Eagle, Jr. officiating. Interment followed at Cantonment Cemetery under the direction of Haigler-Pierce Funeral Home.

Ada was born on Jan.13, 1940 at Fonda, Okla. to Elmer and Minerva (Left Hand) White Eagle. She departed this life on Jan.15, 2015 at her home near Fonda, Okla. Ada attended school at Longdale, Okla. She loved to do beadwork and was known for her frybread.

Ada was preceded in death by her parents; daughter Earla Bullcoming; grandson Kemper Shropshire; sister Carmel Left Hand; and brother Kenneth Left Hand.

Survivors include her husband, Earl Littleman, Sr. of the home; sons Kenneth Littleman of Yukon, Okla, Theodore Littleman of El Reno, Okla., Earl Littleman, Jr. of El Reno, Okla. and Elmer Tsatigh of Seiling, Okla.; grandchildren Kenny Littleman, Anna Tsatigh, Earl Littleman, III, Edgar Littleman, Aaron Bullcoming, John Bullcoming and Billie Littleman; great-grandchildren Hunter Tsatigh, Elmer Tsatigh, Jr., Isaac Tsatigh, Nicholas Tsatigh, Lizeth Van Pelt, Jacquelyn Van Pelt, Marshal Littleman, Charity Littleman, Jaime Shropshire, Cynthia Bullcoming and Erin Bullcoming; brothers John David White Eagle of Hammon, Okla. and Elmer Charles "Devil" Surveyor of Canton, Okla.; and sister Ella Akeen of Gracemont, Okla.

Lelia Walker was born June 21, 1947 in Pawnee, Okla. She passed away Jan. 11, 2015 in El Reno, Okla., where she resided.

Lelia's father is Ed Hamilton of Longdale, Okla., mother is Emma Tah of Apache and Tonkawa, Okla.

She has three brothers living, Barry Hamilton, Melton Hamilton and Don Hamilton and one brother deceased, William Cantrell.

She has two daughters, Janis Braud and Tabitha Walker and three sons, Stephan Walker, Donovan Walker and Lucious Walker.

Funeral services were held Jan. 15, 2015 at the Tonkawa Tribal Gymnasium in Tonkawa, Okla.

Employment: Submit a tribal application, resume, diploma(s), transcripts, valid copy of Oklahoma state driver’s license and a copy of CDIB to Personnel Department, PO Box 38, Concho, OK 73022 or email whaag@c-a-tribes.org.

**Adult Education
Counselor
Concho, OK
Closing: Until Filled**

Qualifications:

Bachelor’s Degree in Education or related field preferred; or an equivalent combination of education and experience, substituting one year of experience in teaching for each year of the required education. Cheyenne & Arapaho Indian preference.

SALARY: Negotiable

**Adult Education
Counselor
Canton, OK
Closing: Until Filled**

Qualifications:

Bachelor’s Degree in Education or related field preferred; or an equivalent combination of education and experience, substituting one year of experience in teaching for each year of the required education. Cheyenne & Arapaho Indian preference.

SALARY: Negotiable

**Receptionist / Licensing
Technician
Gaming Commission /
Concho, OK
Closing: Until Filled**

Qualifications:

High School Degree or Equivalent. Minimum two years of clerical/administrative experience. Computer literate. Familiar with practices/procedures of the gaming industry. Ability to maintain high level of confidentiality. Strong work ethic. Available to work evenings and weekends. Pass extensive background check. Valid Oklahoma driver’s license. Have reliable transportation. Cheyenne and Arapaho preference.

SALARY: Negotiable

**Court Bailiff
Judicial Branch
Closing: Until Filled**

Qualifications:

Bachelor’s degree preferred or 4-years experience in law enforcement or legal services. Strong typing and hands-on computer skills a must. Must abide by confidentiality policies. Must possess valid Oklahoma driver’s license. Knowledge of Cheyenne and Arapaho cultures preferred. Must pass pre-hire and random drug screening.

SALARY: Negotiable

**Intake Specialist
Emp. Training Admin.
Closing: Feb. 3, 2015**

Qualifications:

High school diploma or GED certification required. Two years practical experience in a service provider program. Must possess a valid Oklahoma state driver’s license and have dependable transportation. Must be able to pass an O.S.B.I. Background Investigation. Must be skilled in operating various types of office equipment and be computer literate. Tribal Preference: Cheyenne & Arapaho tribe.

SALARY: Negotiable

**Caretaker Part-Time
(Potential Full Time)
Concho Community Hall,
Concho, OK
Closing: Until Filled**

Qualifications:

Reliable and dependable. Able to handle weights and loads, lift up to 50 pounds, bending, pushing and squatting; climbing ladders; works with hands in water containing stringent cleaning agents.

Willing to work other than normal working hours, when necessary especially weekends. Due to the sensitive nature of Cheyenne and Arapaho tribal customs and traditions. Familiar with Cheyenne tribal customs and Arapaho tribal customs. Completion of high school or GED. One (1) year’s experience in custodial work desirable. Must know methods, materials and equipment used in custodial work. Experience may substitute for education. Able to follow oral and written directions. Valid Oklahoma driver’s license. Cheyenne & Arapaho tribal preference

SALARY: Negotiable

**Receptionist
H.O.P.E. Program
Closing: Feb. 3, 2015**

Qualifications:

High school diploma or GED certification and one year of related experience required. Computer knowledge and skills preferred. Must have valid Oklahoma state driver’s license. Proficient communication skills, both oral and written. Knowledge of filing procedures with ability to maintain and/or organize department records. Skilled with general office equipment. Ability to work with public in all aspects. Cheyenne-Arapaho preference.

SALARY: Negotiable

*To advertise call the
Tribal Tribune
405.422.7446*

**Greenhouse Garden Aide
Watonga
Closing: Until Filled**

Qualifications:

Prefer knowledge and experience in the area of gardening and greenhouses. Knowledge of traditional Native foods and cultivation of foods. Ability to work with minimal supervision. Display a high level of initiative, effort and commitment towards completing assignments in a timely manner. Ability to communicate proficiently both orally and written. High school diploma or GED certification and background check required. Cheyenne-Arapaho preference.

SALARY: Negotiable

**Cemetery Custodian
Enrollment Dept.
Closing: Feb. 6, 2015**

Qualifications:

High school diploma or GED certification required and must be 25 years old. Must possess a current Oklahoma state driver’s license to operate a tribally owned vehicle, Commercial driver’s license preferred. Ability to operate backhoe, brush hog, and various types of lawn equipment with two years experience in cemetery maintenance/opening and closing graves. Knowledge of preservation and restoration techniques and applicable standards of cemeteries. Experience in fence construction and preservation of head stones. Knowledge of equipment maintenance, repair and upkeep. Knowledgeable of Cheyenne and Arapaho cultures.

SALARY: Negotiable

**Physical Fitness Assist.
Health Education
Closing: Until Filled**

Qualifications:

Personal trainer or physical fitness specialist certification preferred. High school diploma or General Education Equivalency required. Some college preferred. Two years experience in physical activity, sports or recreation. Must have driver’s license, own vehicle, and proof of insurance. Must be willing to obtain CPR and First Aid Certification. Familiar with organization policies and procedures. Cheyenne and Arapaho tribal preference. Knowledge of Cheyenne-Arapaho cultures. Must be willing to work flexible hours including nights and weekends. Must be willing and able to attend various training programs as designated by the program director. Must pass background check.

SALARY: Negotiable

**URF CARE
& Beyond**

**Weed Elimination
Fertilization
Flea/Tick Control**

Residential • Commercial

FREE ESTIMATES

405-262-5300

TRIBAL TRIBUNE

DEADLINES

At 3 p.m. every 8th and 23rd of the month. Unless the 8th or 23rd falls on a weekend, it will be the Friday preceding.

IN THE TRIAL COURT CHEYENNE & ARAPAH0 TRIBES OF OKLAHOMA
CHEYENNE AND ARAPAH0 TRIBES
P.O. BOX 102
CONCHO, OKLAHOMA 73022

FILED JAN 15 2015
DOCKET PAGE
FILM IMAGE
COURT CLERK
DEPUTY

MELISSA BLACK METHVIN
Petitioner
vs.
GARY LYNN METHVIN, JR.
Respondent

Case No: JFD-2010-21

NOTICE BY PUBLICATION

The Cheyenne and Arapaho Tribes to: GARY LYNN METHVIN, JR.

You are hereby notified that MELISSA BLACK METHVIN has filed in this Court a Petition For Dissolution of Marriage and that said Petition is hereby set for a Hearing to be heard in the Courtroom of said Trial Court of the Cheyenne and Arapaho Tribes, 700 Black Kettle Boulevard, Concho, Oklahoma, on the 11TH day of FEBRUARY, 2015 at 10:00 A.M., at which time you may appear and show cause, if any you have, why said Divorce should not be granted.

Dated this 15TH day of JANUARY, 2015.

By: *Rebekah Trojan*
Rebekah Trojan, Deputy Court Clerk
Cheyenne & Arapaho Trial Court

IN THE TRIAL COURT CHEYENNE & ARAPAH0 TRIBES OF OKLAHOMA
CHEYENNE AND ARAPAH0 TRIBES
P.O. BOX 102
CONCHO, OKLAHOMA 73022

FILED JAN 27 2015
DOCKET PAGE
FILM IMAGE
COURT CLERK
DEPUTY

MELANIE ROMANNOSE
Petitioner
vs.
JOBE ROMANNOSE
Respondent

Case No: JFD-2014-6035

NOTICE BY PUBLICATION

The Cheyenne and Arapaho Tribes to: JOBE ROMANNOSE

You are hereby notified that MELANIE ROMANNOSE has filed in this Court a Petition For Dissolution of Marriage and that said Petition is hereby set for a Hearing to be heard in the Courtroom of said Trial Court of the Cheyenne and Arapaho Tribes, 700 Black Kettle Boulevard, Concho, Oklahoma, on the 25TH day of FEBRUARY, 2014 at 10:00 A.M., at which time you may appear and show cause, if any you have, why said Divorce should not be granted.

Dated this 21ST day of JANUARY, 2015.

Plaintiff:
Melanie Romanose
2112 Toronto St.
Pueblo, CO 81004

By: *Edwina Whitcman*
Edwina Whitcman, Court Clerk
Cheyenne and Arapaho Trial Court

NOTICE OF RECALL OF A-1 LEGISLATOR MR. EDWARD EUGENE MOSQUEDA

I, Tonya J Moore, an enrolled member of the Cheyenne & Arapaho Tribes of Oklahoma and A-1 Constituent, have decided to recall A-1 Legislator Edward Eugene Mosqueda. This decision is based on the many discussions and concerns of the A-1 constituents who are registered voters in the A-1 District.

Mr. Edward Eugene Mosqueda was sworn to the Oath of Office as the A-1 Legislator on January 4, 2014. He has failed to perform his duties of his office with all honesty, integrity and sincerity. He has failed his A-1 constituents by allowing his personal feelings towards person(s) or situations to affect his decisions on matters. He has failed his A-1 constituents by knowingly receiving directly and/or indirectly any money or other valuable things for the performance or non-performance of any act or duty pertaining to his office other than the compensation allowed by law.

Mr. Edward Eugene Mosqueda has not provided any legislation or plans that would provide jobs for his A-1 constituents nor provided any input from his A-1 constituents to improve the tribal issues in the A-1 District. His inability and failure to communicate with his A-1 constituents, regarding tribal administrative information and legislative actions have isolated the A-1 District on important issues that impact our tribe and have resulted in the loss of confidence of his A-1 constituents, especially those in the Watonga area.

He continues to fail representing the A-1 District as the A-1 Legislator with excessive absences from meetings such as Public Hearings, Regular and Special Sessions, to which he was elected to do so, by missing (to date) *28 out of 43 regularly scheduled meetings at Concho and throughout the Cheyenne & Arapaho communities.

Last but not least, as the A-1 Legislator, Mr. Edward Eugene Mosqueda has failed to uphold the best interests of the Cheyenne & Arapaho Tribes of Oklahoma.

Acceptance of signatures for the recall of A-1 Legislator Edward Eugene Mosqueda will commence twenty (20) days after the posting of this notice.

Tonya J Moore
Tonya J Moore

Date: *Jan 23, 2015*

Notary: *Lulie Huerdia*
County: Canadian
January 23, 2015
Lulie Huerdia

**Richard J. Grellner
Attorney at Law**

"Representing tribal members for over twenty years."

RJG LAW PLLC
434 NW 18th Oklahoma City, Oklahoma 73103
rjgrellner@hotmail.com
(405) 834-8484

PO Box 33- Concho, OK 73022
P.O. Box 714- Clinton, OK 73601

Cheyenne & Arapaho Tribes
Elder Care Program

(405) 422-7411 Concho
(405) 422-4230 Fax Concho
(580) 331-2318 Clinton
(580) 331-2317 Clinton
(405) 422-4229 Fax Clinton

APPLICATION FOR 2015 WINTER HEATING ASSISTANCE
January & February 2015

Print Name:
Date of Birth:
Spouses Name:
Physical Address:
City:
State:
Phone ()
Mobile Phone ()

Always provide your CDIB#
2801A
If NEW to the program, submit copy of your
CDIB and D.L. or State ID. (please do not fax)

I UTILITY HEATING ASSISTANCE FOR YOUR PRIMARY HEATING SOURCE

- ✓ We will assist with current amount only, NO PAST DUE balances
- ✓ If you have a "ZERO " or "CREDIT" balance, NO payment will be made
- ✓ Must submit your complete current utility statement each time you apply, if the bill is not in your name, you must submit a completed 2015 Residence Verification Form.
- ✓ Maximum allowable amount is up to \$300.00 on current bill only (Pre-paid is capped at \$300.00)
- ✓ One (1) request per household.
- ✓ This is in addition to your regular 90-day Elder Care Assistance
- ✓ This will exclude "yard lights" or "Security lights" on electric bills if they are to be paid.
- ✓ If you are on Average billing or Budget billing then that is the amount we will pay. We will NOT pay the current amount if you are on Average or Budget billing.

*****FINAL DISCONNECTION NOTICES OR RE-CONNECT FEES WILL NOT BE ACCEPTED*****

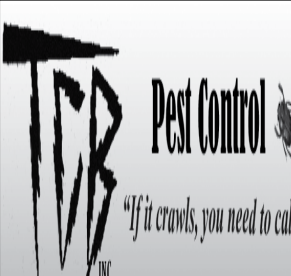
X
Tribal Member Signature

Date

Please select the month in which you are applying for the Winter Heating Assistance Program:
January 2015 February 2015

Final Submission dates for this assistance are as follows:
January 2015 - last day we will take utility bills and applications will be **February 27, 2015**
February 2015 - last day we will take utility bills and applications will be **March 31, 2015**

ALL bills and Applications MUST be in by the dates listed above, NO EXCEPTIONS
Please allow additional time to process check requests, up to 21 days from the date application is turned in to the Elder Care Program

**TCB Pest Control**
INC.
"If it crawls, you need to call"

Residential • Commercial

405-262-5300

Holiday Closure

The Cheyenne & Arapaho tribal offices will be closed Monday, Feb. 16, 2015 in observance of federal holiday, President's Day. Offices will reopen on Tuesday, Feb. 17, 2015 at 8 a.m.

Victory dance class success

It is with great pride that I would like to thank all the parents and grandparents who brought their kids out to Little Champions Dance Class in Canton, Okla. Without their involvement Little Champions Dance Class would not have been such a success.

With the full support of Cheyenne & Arapaho tribes Cultural and Heritage Program, Little Champions Dance Class plans to start offering classes to boys and girls of all ages throughout Cheyenne and Arapaho communities.

From the beginning of the Canton Classes, we had an all-girl turn out.

After all the screaming, yelling, and the occasional breakdown, we started with working every class with the girls endurance, running laps, set up paired races and exercises. Then after snacks we worked through every category of woman’s powwow style of dance such as woman’s southern cloth/buckskin, woman’s jingle, and everyone’s favorite, woman’s fancy.

Woman’s cloth\ buckskin, we worked on shawl placement, posture, and grace. Woman’s jingle and fancy, we worked on footwork, arm placement, and endurance.

We also went over the different styles of songs that every category might receive such as straight song, side step, and round dance. It was good to see all the grandmothers get involved in the round dance too, showing the younger ones they still got it.

It was an awesome workout for over an hour and a half every day for a week. Many of the girls mentioned how their legs were sore but after falling in love with dance all of them continued on and danced even harder. Thanks again, and hope to see you soon.

JR Lonelodge

Opportunity for American indian, Alaska Native and Native Hawaiian artists

(VANCOUVER, Wash.) – American Indian, Alaska Native and Native Hawaiian artists nationwide have until April 6 to apply for the 2015 Native Arts and Cultures Foundation (NACF) Artist Fellowship.

2015 NACF Artist Fellowships

The coveted national award includes support ranging up to \$20,000 per artist. Awards will be made in six artistic disciplines, including: performing arts, filmmaking, literature, music, traditional arts and visual arts.

“To meet a broadening need in the arts community, this year we invite applications in the discipline of

performing arts,” said NACF Program Officer Andre Bouchard (of Kootenai and Chippewa descent). “More Native artists than ever before are exploring performing arts through multi-disciplinary approaches. We are looking forward to seeing what Native performing artists have been up to around the country.”

DEADLINE: Monday, April 6, 5 p.m. P.S.T.

To apply, artists who are members of federally and state-recognized U.S. tribes, Alaska Native and Native Hawaiian communities can review criteria and complete an application at <http://your.culturegrants.org> before the April 6, 5 p.m. PST deadline.

The foundation will announce award recipients in August 2015. For questions and technical support, contact Program Officer Andre Bouchard at andre@nativeartsandcultures.org or (360) 314-2421.

One of the only opportunities in the U.S. of this magnitude dedicated to supporting Indigenous artists and culture makers, the foundation’s national fellowship has been awarded to 41 American Indian, Alaska Native and Native Hawaiian artists so far. Artists who have received the award in the past are ineligible to apply for the 2015 NACF Artist Fellowship. Past fellows include visual artist Nora Naranjo

Morse (Tewa), recording artist Keola Beamer (Native Hawaiian), choreographer Emily Johnson (Yup’ik), author David Treuer (Ojibwe), multidisciplinary artist Shan Goshorn (Eastern Band Cherokee) and film director Andrew Okpeaha MacLean (Iñupiaq).

Since it began operating in 2009, the nonprofit foundation has invested \$5,113,574 in programs to support Native arts and cultures across the nation, including direct support for over 127 Native artists and organizations. To learn more about the foundation’s mission and past fellows awarded, visit www.nativeartsandcultures.org.

Victory Dance Class

Traditional dance courses with World Champion Fancy Dancer, and host of **Making Regalia CATV 47**
Tribal Member: **Juaquin Lonelodge**

LET'S POW -WOW!!



CONTEST TIME!!

The Cheyenne and Arapaho Culture and Heritage Program is sponsoring classes to educate and preserve the tradition of cultural dance. Participants will learn the art of pow-wow style dancing and their history. Regalia making will also be implemented in this course for parents and participants who wish to learn the art.

Courses will be held @ three locations:
Concho Community Hall-Jan.27th,28th,29th
Canton Gym-Feb.2nd,3rd,4th
Hammon Community Hall-Feb.24th,25th,26th

TIME:6:00PM-8:00PM
ALL LOCATIONS

For more information please Contact the Culture and Heritage Program @ (405)262-0345 Ext.27433 or 27704



WARCHILD SOCIETY

CLOTHING LINE AVAILABLE



MORE SAVAGE THAN AVERAGE

TO ORDER VISIT WWW.WARCHILDSOCIETY.COM OR CALL 405.896.0090

WE CAN SHIP ANYWHERE IN THE U.S. VISA & MASTERCARD ACCEPTED

LIKE US ON FACEBOOK

COME GET YOUR DECALS FROM WAR CHILD SOCIETY



January EMPLOYEES OF THE MONTH



Dept. of Administration
Marshall Medicinebear, Administrative Assistant

“Marshall Medicinebear has been an employee of the tribes since 2008. Several nominated him; Mr. Medicinebear is always punctual and is always in attendance. He is never away from his desk for long periods of time; he is professional on many different levels. He is a great resource for information; he always has a smile and greets others with a salutation. He is very helpful to the general public or individuals by assisting them to the right department or program. Mr. Medicinebear follows through with all documents and makes phone calls to the departments for pick up of documents once proper signatures have been made. Marshall is a great asset to the DOA, I could not ask for or rely on a more solid person than Marshall. Speaking from the heart, I appreciate him in all that he does. All of you that know him, knows that he is well deserving of this award.”

Pictured l-r: Marshall Medicinebear and DOA Exec. Dir. Cecil Gray.



Dept. of Housing
Joscelyn Tapaha, Resident Specialist

“The Department of Housing Employee of the Month for January 2015 is Ms. Joscelyn Tapaha, Resident Specialist. She has been employed since 2012, serving in the capacity of receptionist and occupancy specialist. She recently accepted the challenge of becoming a Resident Services Housing Specialist during the recent reorganization of various departments. We have implemented various departmental procedures that aid us in becoming better organized and improving the level of service we provide to our tribal members. Her commitment to her job and department is highly commendable. The Department of Housing proudly recognizes Ms. Tapaha in this achievement.”

Pictured l-r: Gov. Eddie Hamilton, Housing Director, Bill Tallbear, Joscelyn Tapaha, and Lt. Gov. Cornell Sankey.



Dept. of Education
Michelle Johnston
Language Project Manager

“For January the employee of the month came to us in October and hit the ground running, she caught on very quickly and is very tech savvy. She represents the Education Department very well when we go into the school systems. She is very punctual and a hard worker. I would like to announce that Michelle Johnston is our employee of the month.”

Pictured l-r: Gov. Eddie Hamilton, Executive Secretary Micaela Prairiechief, Michelle Johnston, DOE Exec. Dir. Funston Whiteman and Lt. Gov. Cornell Sankey.



Dept. of Health
Carmen Bushyhead
Health Education

“We would like to recognize a young lady who does great work for Health Education. Carmen Bushyhead is very diligent, when asked to do her task, she does it very well and quickly. She is kind and outgoing to participants and employees. She also puts in long hours. She has made it to all, if not most, of the community meetings, engaging with our tribal members, talking with and making sure they understand the importance of living a healthy lifestyle.”

Pictured l-r: Gov. Eddie Hamilton, DOH Exec. Dir. Nicolas Barton, Carmen Bushyhead, and Lt. Gov. Cornell Sankey.



Dept. of Enrollment
Marlene Reyes
Research Specialist

“Our employee of the month is Ms. Marlene Reyes. Unfortunately she can’t be here. But I would like to relay the kind of employee Marlene is. Marlene has



Dept. of Treasury
Anna Kaye Rowlodge
Data Entry Clerk

“It is always a pleasure to nominate one of our employees in the Department of Treasury. They all work hard. This month, I would like to announce Anna Rowlodge for the January employee of the month. Anna has been working for the treasury department since December of 2011. While Anna has been in finance she has worn several hats, she has been the finance receptionist, accounting assistant to our controllers and currently is the data entry clerk, coding deposit receipts for our various tribal programs. Anna has improved her attendance in recent months, she is well liked, and a pleasure to work with. Anna is a credit to herself and the Department of Treasury.”

Pictured l-r: Gov. Eddie Hamilton, Anna Rowlodge, Treasurer, Kay Mackety, and Lt. Gov. Cornell Sankey.



Dept. of Social Services
Daryn West
Greenhouse Coordinator

“We chose a very dedicated, motivated and compassionate person in what he does. He always goes above and beyond, always has new ideas; he is always making progress for our grants. He works with elders as well as the head start kids. I am really thankful for all he does for our program and am proud to announce Daryn West.”

Pictured l-r: Gov. Eddie Hamilton, Daryn West DOSS Exec. Dir. Nikki Factor-Navarro, and Lt. Gov. Cornell Sankey.

been employed with Cheyenne and Arapaho tribes for 13 years and in February she will complete seven years of service in the Enrollment Department as a Research Specialist. She is responsible for researching incoming enrollment applications, family trees, tribal blood and blood

degree and historical tribal records. Her work is very meticulous and time consuming. Marlene works very hard, is helpful to other staff, and she is always willing to help with any problems that may occur.”

Pictured left: Marlene Reyes



Congratulations To The January Employees of the Month



ATHLETES SPOTLIGHT

Photos & interview by Rebecka Lyman

Wyatt Candy, 6', senior plays the post position for the Hammon High School basketball team. The defensive player is involved with the school's student mentor program and whatever the team needs, Candy wants to be in that role.

Candy is the son of Hector and Rachel Candy, and is the youngest of four siblings.

When did you first begin playing?

When I was in elementary.

What is it about the sport that you love the best?

Being with my friends and basketball helps keep me in shape.

What has been your biggest accomplishment in the sport so far?

I feel that I have gotten a lot stronger at being a defensive player.

What is your GPA (if known)?

It is a 3.43.

What are some of your goals, (sports, life, school)?

After I graduate this year I plan on joining the Marines, within the first four years I am going to try and make the rank of sergeant, if I don't make that I will stay another four years. Once I make sergeant I will get out.

What actions are you taking to reach these goals?

Do a lot more physical exercise, be more discipline and try to do the right things.

What has been the most exciting game you have played in?

Area consolation finals at Yukon, we went into overtime and won in my freshman year. It was a crazy game and there was nothing like it.

What is the best advice

you have ever been given and who gave you that advice?

My dad, he is always telling me it is all in your head, never quit. He also tells me if you think you can do it, than do it and he tells me never ever give up.

Do you have a saying or motto that you live your life by?

Babe Ruth once said, you either hit big or you strike out big.

Who or what inspires you the most?

My oldest brother, Mathew Candy he passed away due to a car wreck in 2007. He was a Marine. My biggest motivator right now is Mathew. He was a great person to look up to. He would give his time up to make us happy, me, Colin and Traci, my brother and sister.

What work out routine do you have for training in your sport?

I do a lot of running and weight lifting on my own. I love the feeling of lifting weights. I like to do a lot of dead lifts. I told a softball coach that I would take him up on a bet that by March I would be dead lifting over 500 pounds. Right now I am at 485. I like to push myself.

What are one or two things in your training, that

you feel are keys to you being successful in your sport?

Running, I try to get a mile in everyday sometimes two.

What is your favorite meal before or after a game?

I like to eat a Snickers bar and drinking a lot of water. I feel that it gives me energy.

Who has had the biggest impact on your life?

Definitely my brother, Mathew.

What are some of your hobbies (what do you like to do when not playing sports)?

Weight lifting and cutting fire wood on the weekends and selling it.

What kinds of music do you enjoy listening to?

Country, some rock and very little rap.

What is one thing about you that no one else knows?

I'm really not too secretive about anything. Okay I do have a special pair of underwear I wear before every game. They are Batman underwear, they have Batman logo around the waistband, but everybody knows that I wear them.

If you could change one thing in the world, what would it be?

I am joining the military because I feel like I can make a positive change. I just want my family to have



a happy life and I will do my best to make it happen.

What do you someday dream of doing?

Being a Sgt. Major in the Marine Corp.

Who is your favorite athlete of all time?

The great Larry Bird, I have always liked him.

Which team is your favorite team?

I like the Golden State Warriors.

What are your plans after graduating high school?

Join the military.

What would be your advice to younger kids coming up behind you?

To not let words hurt them; people in this day in age say words that hurt. Words do not hurt they are



just words. I don't know why they can't get their minds off of not letting words hurt them because that is just allowing peoples' words to get to you. Always be willing to be a helping hand to others.



Lucky Star CASINO
CONCHO • CLINTON • CANTON • WATONGA
CONCHO TRAVEL CENTER



Earn Points with Your Star Card While You Play!

In 2015 There's No Limit On Luck!

THE Love Bug

It's Back! We're giving away 3 new Volkswagen Beetle on Valentine's Day!



Earn Entries February 1st through February 13th!
One name will be drawn each day Feb. 1st through Feb. 13th at 8pm at each location.

Giveaway at the Concho, Clinton and Canton Casinos on Saturday, February 14th at 10pm!
One name will be drawn at 4pm and 8pm.

See Players Club for Complete Rules.
One Entry = 15 Earned points on Star Card

YOU PLAY, **Lucky Star CASINO** GIVES BACK WE GIVE!



READ ACROSS America

At Lucky Star Casinos from February 16th - March 2nd

Every Players Club member who donates 500 points gets **\$10 in Free Play** and the casino will then donate **\$5 to Read Across America!**

See Players Club for Details.



New Lucky Star Players Club Coming Soon!
Better Service! Better Rewards!



LuckyStarCasino.org

 facebook | Like us!

See Players Club for Details.

Management reserves all rights to cancel or modify any or all promotions without prior notice. ©2015 Lucky Star.